020-222^{Q&As}

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QUESTION 1

Prevention strategies of staff and clients must include

A. Following the rules.

B. Keeping the facility clean.

C. Hiring good front-desk staff.

D. Developing clever, unique programs.

Correct Answer: A

QUESTION 2

Although 12-lead testing is the optimal ECG configuration, if only one lead can be used, which one should it be?

A. Lead II.

B. Lead AVL.

C. Lead V5

D. Lead V1

Correct Answer: C

QUESTION 3

Documentation in the context of emergency response commonly refers to

A. Records of each exercise session.

B. Records of attendance.

C. Records of all emergency situations.

D. Manuals for all emergency equipment.

Correct Answer: C

QUESTION 4

A male client is 42 years old. His father died of a heart attack at age 62. He has a consistent resting blood pressure (measured over 6 weeks) of 132/86 mm Hg and a total serum cholesterol of 5.4 mmol/L. Based on his CAD risk stratification, which of the following activities is appropriate?

A. Maximal assessment of cardiorespiratory fitness without a physician supervising.

B. Sub maximal assessment of cardiorespiratory fitness without a physician supervising.

C. Vigorous exercise without a previous medical assessment.

D. Vigorous exercise without a previous physician-supervised exercise test.

Correct Answer: C

QUESTION 5

Given the sensitivity of the exercise ECG, stress testing conducted on 100 cardiac rehabilitation clients with documented CAD would be expected to produce what results?

A. All 100 clients show ECG indicators of CAD.

B. Approximately 50 clients show ECG indicators of CAD.

C. Approximately 30 clients would show ECG indicators of CAD.

D. Approximately 70 clients would show ECG indicators of CAD.

Correct Answer: D

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