



020-222^{Q&As}

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QUESTION 1

Which of the following statements about underwater weighing is TRUE?

- A. It can divide the body into bone, muscle, and fat components.
- B. It assumes standard densities for bone, muscle, and fat.
- C. It can divide the body into visceral and subcutaneous fat components.
- D. It is a direct method of assessing body composition.

Correct Answer: B

QUESTION 2

Which of the following is NOT part of an emergency plan?

- A. The plan should list the schedule of each staff member so that they can all be accounted for during an emergency.
- B. The plan must be written.
- C. The plan should outline each specific action.
- D. The staff should be prepared and trained in the plan.

Correct Answer: A

QUESTION 3

The emergency response system (EMS) is:

- A. The combination of the ambulance and the emergency room.
- B. Critical for the staff to be able to respond adequately to an emergency.
- C. The protocol used to practice safety plans.
- D. Required by most health departments.

Correct Answer: B

QUESTION 4

Relative contraindications for exercise testing are conditions for which



- A. A physician should be present during the testing procedures.
- B. Exercise testing should not be performed until the condition improves.
- C. Exercise testing will not provide accurate assessment of health-related fitness.
- D. Professional judgment about the risks and benefits of testing should determine whether to conduct an assessment.

Correct Answer: D

QUESTION 5

Category 1 medications include all of the following EXCEPT

- A. Lidocaine.
- B. Oxygen.
- C. Xylocaine.
- D. Epinephrine.

Correct Answer: C

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