



020-222^{Q&As}

ACSM Health/Fitness Instructor Exam

Pass ACSM 020-222 Exam with 100% Guarantee

Free Download Real Questions & Answers **PDF** and **VCE** file from:

<https://www.geekcert.com/020-222.html>

100% Passing Guarantee
100% Money Back Assurance

Following Questions and Answers are all new published by ACSM
Official Exam Center

-  **Instant Download** After Purchase
-  **100% Money Back** Guarantee
-  **365 Days** Free Update
-  **800,000+** Satisfied Customers





QUESTION 1

Lead V1 is located at the

- A. Fifth intercostal space, left sternal border.
- B. Midclavicular line, fourth intercostal space.
- C. Fourth intercostal space, right sternal border.
- D. Midclavicular line, lateral to the xiphoid process.

Correct Answer: C

QUESTION 2

Which of the following statements about underwater weighing is TRUE?

- A. It can divide the body into bone, muscle, and fat components.
- B. It assumes standard densities for bone, muscle, and fat.
- C. It can divide the body into visceral and subcutaneous fat components.
- D. It is a direct method of assessing body composition.

Correct Answer: B

QUESTION 3

Symptoms of hyperglycemia include all of the following EXCEPT

- A. Tremor.
- B. Confusion.
- C. Bradycardia.
- D. Slurred speech.

Correct Answer: C

QUESTION 4

Identifying a patient's risk of complications is important. Which of the following is NOT considered to be a common aspect of the risk identification process?



- A. Laboratory results.
- B. Assessment of cardiac risk.
- C. Review of medical history.
- D. Assessment of work history.

Correct Answer: D

QUESTION 5

For a client taking a 1-blocker who has lowered resting blood pressure and heart rate, which of the following statements is TRUE?

- A. A submaximal test will provide the best estimate of the client's fitness.
- B. A submaximal test may underestimate the client's fitness.
- C. A submaximal test may overestimate the client's fitness.
- D. The client should be tested only when not taking the medication.

Correct Answer: C

[Latest 020-222 Dumps](#)

[020-222 VCE Dumps](#)

[020-222 Brindumps](#)