



020-222^{Q&As}

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QUESTION 1

How can exercise equipment add to the risk of participation?

- A. Because it is expensive.
- B. Because it is hard to move.
- C. Because it is used incorrectly.
- D. Because of the time one waits to use it.

Correct Answer: C

QUESTION 2

Which of the following actions involving termination of exercise testing is correct?

- A. Immediately terminate the test if muscular fatigue occurs.
- B. Initiate the test termination process when cardiac complications occur.
- C. Initiate the test termination process when intermittent premature ventricular contractions are detected on ECG.
- D. Immediately terminate the test when intermittent premature ventricular contractions are detected on ECG.

Correct Answer: C

QUESTION 3

What is the best test of cardiovascular function for a client who is obese, has claudication in the legs, and has limited mobility because of neurologic damage from uncontrolled diabetes?

- A. Dipyridamole or dobutamine testing and assessment of cardiovascular variables.
- B. Discontinuous treadmill exercise test.
- C. Resting echocardiography.
- D. Continuous submaximal cycle ergometer test.

Correct Answer: A

QUESTION 4

RICES refers to



- A. Relaxation, Ice, Compression, Energy, and Stabilization.
- B. Relaxation, Incremental heat, Care for injury, Energy, and Standardization.
- C. Rest, Ice, Common sense, Energy, and Standardization.
- D. Rest, Ice, Compression, Elevation, and Stabilization.

Correct Answer: D

QUESTION 5

Documentation offers important

- A. Liability and negligence protection.
- B. Liability and risk protection.
- C. Safety and communication programs.
- D. Billing and classification tools.

Correct Answer: A

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