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QUESTION 1

Given the sensitivity of the exercise ECG, stress testing conducted on 100 cardiac rehabilitation clients with documented CAD would be expected to produce what results?

A. All 100 clients show ECG indicators of CAD.

B. Approximately 50 clients show ECG indicators of CAD.

C. Approximately 30 clients would show ECG indicators of CAD.

D. Approximately 70 clients would show ECG indicators of CAD.

Correct Answer: D

QUESTION 2

Which of the following actions involving termination of exercise testing is correct?

A. Immediately terminate the test if muscular fatigue occurs.

B. Initiate the test termination process when cardiac complications occur.

C. Initiate the test termination process when intermittent premature ventricular contractions are detected on ECG.

D. Immediately terminate the test when intermittent premature ventricular contractions are detected on ECG.

Correct Answer: C

QUESTION 3

A client with a functional capacity of 7 MET, an ejection fraction of 37%, and an ST - segment depression of 1 mm below baseline on exertion

A. Should not exercise until his or her ejection fraction is >50%.

B. Is considered to be at low risk.

C. Is considered to be at moderate risk.

D. Is considered to be at high risk.

Correct Answer: C

QUESTION 4

Which of the following are symptoms of hypoglycemia?

A. Hypotension.

B. Cold, clammy skin.

C. Tachycardia and slurred speech.

D. Bronchospasms and hyperventilation.

Correct Answer: C

QUESTION 5

Which of the following formulae is used for determining workload on a bicycle ergometer?

A. Belt length x resistance x grade.

B. Belt length x resistance x revolutions pedaled per minute.

C. Resistance x distance flywheel traveled per revolution x revolutions per minute.

D. Resistance x distance flywheel traveled per revolution.

Correct Answer: C

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