



# 040-444<sup>Q&As</sup>

ACSM Registered Clinical Exercise Physiologist

## Pass ACSM 040-444 Exam with 100% Guarantee

Free Download Real Questions & Answers **PDF** and **VCE** file from:

<https://www.geekcert.com/040-444.html>

100% Passing Guarantee  
100% Money Back Assurance

Following Questions and Answers are all new published by ACSM  
Official Exam Center

- ⚙️ **Instant Download** After Purchase
- ⚙️ **100% Money Back** Guarantee
- ⚙️ **365 Days** Free Update
- ⚙️ **800,000+** Satisfied Customers





### QUESTION 1

Symptoms of hyperglycemia include all of the following EXCEPT

- A. Tremor.
- B. Confusion.
- C. Bradycardia.
- D. Slurred speech.

Correct Answer: C

---

### QUESTION 2

All of the following statements are true regarding long bones EXCEPT

- A. The diaphysis is composed of compact bone.
- B. The epiphysis consists of spongy bone.
- C. Most bones of the axial skeleton are of this type.
- D. The central shaft encases the medullary canal.

Correct Answer: C

---

### QUESTION 3

Informed consent is best described as

- A. A legal form.
- B. A process that is backed up by a form.
- C. Something that only a lawyer can provide to an exercise program.
- D. Being an informed consumer to ensure that one undertakes the proper exercise program.

Correct Answer: B

---

### QUESTION 4

Which of the following would be the best recommendation for exercise training in a hot and humid, outdoor environment?

- A. Wait for approximately 2 weeks to become acclimated to the heat before exercising.



- B. Use a mode of activity that would increase heat loss by convection (e.g., bicycling, running).
- C. Reduce the exercise intensity.
- D. Increase evaporative cooling by wiping away Sweat that forms on the body.

Correct Answer: C

---

#### QUESTION 5

What resistance would you set a cycle ergometer at if your 80-kg client needs to train at 6 METs? Assume a 50 rpm cycling cadence.

- A. 1.5 kg.
- B. 2.07 kg.
- C. 0.25 pounds.
- D. 0.45 pounds.

Correct Answer: B

[Latest 040-444 Dumps](#)

[040-444 PDF Dumps](#)

[040-444 Braindumps](#)