



# 040-444<sup>Q&As</sup>

ACSM Registered Clinical Exercise Physiologist

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### QUESTION 1

The most accurate screening method for signs and symptoms of CAD is a

- A. Maximal exercise test with a 12-lead ECG.
- B. Submaximal exercise test with a 12-lead ECG.
- C. Discontinuous protocol, stopping at 85% of maximal heart rate.
- D. Continuous protocol, stopping at 85% of maximal heart rate.

Correct Answer: A

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### QUESTION 2

All of the following are considered possible causes of restrictive lung disease EXCEPT

- A. Scoliosis.
- B. Obesity.
- C. Muscular dystrophy.
- D. Cigarette smoke.

Correct Answer: D

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### QUESTION 3

During exercise, SV increases as a result of

- A. The Frank-Starling law.
- B. Increased HR.
- C. Increased ejection fraction.
- D. Increased pulmonary artery pressure

Correct Answer: A

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### QUESTION 4

Which of the following medications have been shown to be most effective in preventing or reversing exercise-induced asthma?

- A.  $\beta_2$ -Agonists.



B. ?-Blockers.

C. Diuretics.

D. Aspirin.

Correct Answer: A

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#### QUESTION 5

What is the best test to help determine ejection fraction at rest and during exercise?

A. Angiography.

B. Thallium stress test.

C. Single-proton emission computer tomography.

D. MUGA (blood pool imagery) study.

Correct Answer: D

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