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Medical Management

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QUESTION 1

A health plan's preventive care initiatives may be classified into three main categories: primary prevention, secondary prevention, and tertiary prevention. Secondary prevention refers to activities designed to

- A. develop an appropriate treatment strategy for patients whose conditions require extensive, complex healthcare
- B. educate and motivate members to prevent illness through their lifestyle choices
- C. prevent the occurrence of illness or injury
- D. detect a medical condition in its early stages and prevent or at least delay disease progression and complications

Correct Answer: D

QUESTION 2

By definition, the development and implementation of parameters for the delivery of healthcare services to a health plan's members is known as

- A. utilization management (UM)
- B. quality management (QM)
- C. care management
- D. clinical practice management

Correct Answer: D

QUESTION 3

The Hall Health Plan gathered objective clinical information about the recommended uses and dosages of angiotensin-converting enzyme (ACE) inhibitors and presented the information to network providers to illustrate the appropriate use of these frequently prescribed and expensive drugs. This information indicates that Hall most likely educated its network providers through the use of

- A. detailing
- B. cognitive services
- C. counter detailing
- D. drug efficacy study implementation (DESI)

Correct Answer: C

QUESTION 4



Emilio Martinez, a member of the Bloom Health Plan, has recently been diagnosed with prostate cancer by his physician, Dr. Robert Cohen. Mr. Martinez has decided to participate in Bloom's shared decision-making program for prostate cancer. On the basis of this information, it is most likely correct to say

1. That verification of Mr. Martinez's understanding about his care options protects both Dr. Cohen and Bloom against charges of malpractice
 2. That Mr. Martinez and Dr. Cohen will discuss the care options available to Mr. Martinez, but the ultimate decision about care is up to Dr. Cohen
- A. Both 1 and 2
- B. 1 only
- C. 2 only
- D. Neither 1 nor 2

Correct Answer: D

QUESTION 5

Health plans often use accreditation as a means of evaluating the quality of care delivered to plan members. Accreditation of subacute care providers is available from the

- A. National Committee for Quality Assurance (NCQA)
- B. Joint Commission on Accreditation of Healthcare Organizations (JCAHO)
- C. American Accreditation HealthCare Commission/URAC (URAC)
- D. Foundation for Accountability (FACCT)

Correct Answer: B

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