



AHM-540^{Q&As}

Medical Management

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QUESTION 1

The Carlyle Health Plan uses the following clinical outcome measures to evaluate its diabetes and asthma disease management programs:

Measure 1: The percentage of diabetic patients who receive foot exams from their providers according to the program's recommended guidelines
Measure 2: The number of asthma patients who visited emergency departments for acute asthma attacks

From the answer choices below, select the response that correctly identifies whether these measures are true outcome measures or intermediate outcome measures. Measure 1- Measure 2

- A. Measure 1-true outcome measure Measure 2-true outcome measure
- B. Measure 1-true outcome measure Measure 2-intermediate outcome measure
- C. Measure 1-intermediate outcome measure Measure 2-true outcome measure
- D. Measure 1-intermediate outcome measure Measure 2-intermediate outcome measure

Correct Answer: C

QUESTION 2

Drugs included in a health plan's formulary can be classified according to how freely they can be prescribed. By definition, a drug that requires some sort of review or approval by a plan physician or group

of physicians before the prescription can be filled is

- A. an unrestricted drug
- B. a monitored drug
- C. a restricted drug
- D. a conditional drug

Correct Answer: B

QUESTION 3

The delivery of quality, cost-effective healthcare is a primary goal of both group healthcare and workers' compensation programs. One difference between group healthcare and workers' compensation is that workers' compensation

- A. provides health and disability benefits to employees injured on the job only if the employer is at fault for the injury
- B. provides coverage for a variety of direct and indirect healthcare, disability, and workplace costs
- C. manages costs by including employee cost-sharing features in its benefit design
- D. places limits on benefits by restricting the amount of benefit payments or the number of covered hospital days or



provider office visits

Correct Answer: B

QUESTION 4

Determine whether the following statement is true or false:

Independent review organizations (IROs) can mediate disputes and offer advisory opinions to health plans on UR issues, but they cannot render binding decisions on appeals.

- A. True
- B. False

Correct Answer: B

QUESTION 5

One way that health plans can make their benefits more appealing to employers and employees is to offer coverage for specialty services. It is correct to say that specialty services typically

- A. involve the same types of providers and delivery systems as do standard medical services
- B. are a subset of a health plan's standard medical-surgical services
- C. are not monitored by health plans for quality or utilization
- D. require specialized knowledge for service delivery and management

Correct Answer: D

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