

## CEN<sup>Q&As</sup>

Certified Emergency Nurse

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#### **QUESTION 1**

What intervention would you need to take if your patient had a contusion of the eyeball following a traumatic injury?

- A. Notify the physician.
- B. Irrigate the eye with cool water.
- C. Apply ice to the affected eye.
- D. Accompany the patient to the emergency room.

Correct Answer: C

The priority intervention for this patient would be to apply ice to the affected eye. The patient should then be seen by a physician to rule out any other eye injury. Do not irrigate the eye with cool water until it is examined by a physician.

#### **QUESTION 2**

Which of the following if observed by the nurse would indicate that a depressed patient is becoming suicidal?

- A. The patient becomes angry when speaking on the phone and slams the phone down.
- B. The patient becomes angry during group therapy and runs out of the room.
- C. The patient becomes angry at her roommate for borrowing her clothes.
- D. The patient starts giving away her most prized possessions.

Correct Answer: D

The patient giving away her most prized possessions can be an indication that she is suicidal. The patient is saying good-bye with this gesture and hoping that someone will remember them when they are gone. This patient needs to be observed closely at this time to insure that they remain safe.

#### **QUESTION 3**

You are caring for a patient in hypovalemic shock who will require plasma expansion. What do you suspect the physician will order?

- A. Cryoprecipitate
- B. Packed red blood cells
- C. Albumin
- D. Platelets

Correct Answer: C

Albumin would be given as a plasma expander. Cryoprecipitate is used with hemophilia patients who are bleeding



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because it is rich in clotting factors. Platelets are used on patients who have a low platelet count and packed red blood cells are given to replace erythrocytes.

#### **QUESTION 4**

You need to read a Mantoux test on the child you are caring for. An area of induration measuring 10 mm would indicate what result?

- A. Negative
- B. Positive
- C. Inconclusive
- D. Definitive and requiring a repeat test

Correct Answer: B

An area of induration measuring 10 mm would indicate a positive result in children less than 4 years old. An area of induration 5 mm or greater would be considered positive in any high risk patients, such as those with HIV. An area of induration 15 mm or larger would be considered positive for patient four years old or older with no high risks for tuberculosis.

#### **QUESTION 5**

You are caring for a patient who is diaphoretic and disoriented and has a temperature of 100 degrees Fahrenheit. The patient complains of anxiety and disorientation and is unable to sit still. What do you suspect is causing the patient\\'s symptoms?

- A. Withdrawal from alcohol or depressants
- B. Flu
- C. Withdrawal from antipsychotic drugs
- D. Abruptly discontinuing lithium

Correct Answer: A

The patient\\'s symptoms are most likely caused by withdrawal from alcohol or depressants. The patient would not complain of disorientation with the flu. There are usually no withdrawal affects from antipsychotic drugs. These are not the symptoms associated with lithium withdrawal.

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