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QUESTION 1

Rachel is receiving therapy to help her confront negative internal forces and learn to act and think responsibly. Her clinical social worker stresses the belief that each individual is responsible for making his or her own meaning out of life. What kind of principle is the therapist utilizing?

- A. Empowerment
- B. Cognitive-behavioral therapy
- C. Humanism
- D. Collaboration

Correct Answer: A

The social worker is utilizing the principle of empowerment to help Rachel confront negative internal forces.

QUESTION 2

Susan holds power of attorney over her great aunt's estate. Doctors have diagnosed the elderly woman with Alzheimer's disease and recommended she be taken care of in a nursing home facility. Susan realizes there is no cure and her great aunt will not be coming home. She signs the house over to herself and sells off all personal possessions belonging to the great aunt to purchase a car. This is an example of what?

- A. Guardianship
- B. Elder neglect
- C. Material exploitation
- D. Relatives' rights

Correct Answer: C

Material exploitation is defined as the improper or illegal use of an elderly person's funds, property, or assets. Other examples include forging a person's signature, misusing money, cashing an elderly person's checks, or coercing an elderly person into signing a document.

QUESTION 3

One of the most studied topics in psychology has to do with an individual's belief in their capacity to organize and act on prospective situations. People who look forward to challenging tasks with high confidence levels have a strong sense of what?

- A. Self-confidence
- B. Self-efficacy
- C. Ego



D. Determinants

Correct Answer: B

Bandura describes self-efficacy as the main determinant in how individuals feel, behave, and think. High levels give the belief that difficult situations are not beyond a person's capabilities and they quickly recover from setbacks.

QUESTION 4

A clinical social worker is providing services for a client who suffered years of sexual abuse by a guardian. There is very little rapport, and the professional understands the challenges ahead. What needs to be established before therapy can be successful?

- A. Completion of a thorough assessment
- B. Foundation based on a trusting relationship
- C. Intimate relationship
- D. None of the above

Correct Answer: B

Before therapy can be successful, an intimate relationship must be established between the clinical social worker and the client. A relationship in social work is defined as a beginning and end with human encounters between two or more people.

QUESTION 5

A clinical social worker is taking part in an interdisciplinary team meeting. During the course of determining the well-being of a client, ethical concerns become an issue. One of the team members openly displays a problem with the client's ethnic background, and this leads to negativity towards decisions being made. What should the social worker do?

- A. Discuss various religions and their beliefs
- B. Base all decisions on the religious beliefs of the client
- C. Try to resolve the disagreement through appropriate channels
- D. Walk out of the meeting until the team member changes her mind

Correct Answer: C

Professional and ethical obligations should be clearly established. Administration may be contacted to rectify a situation within an interdisciplinary meeting when there are ethical concerns. Clinical social workers should participate in decisions that affect the well-being of a client by drawing on experiences, values and perspectives.