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QUESTION 1

A clinical social worker named Richard is meeting with a juvenile for the first time. The client has been in a lot of trouble with the law. As Richard goes through the thick file of offenses, he notices that nothing good has ever been mentioned about the teen. Richard does not want to focus on all of the negative experiences, but rather on how he can collaborate in pursuing a better vision for the future. What type of therapeutic technique will be more effective with the juvenile?

- A. Strengths perspective
- B. Positive reinforcement
- C. Goal oriented
- D. None of the above

Correct Answer: A

The strengths perspective in therapy helps identify and respect the assets, resources and knowledge of every person. Clinical social workers utilizing this technique view others as having the ability and wisdom to accomplish their goals. It focuses on the right within people instead of the wrong.

QUESTION 2

Samantha's week has been extremely hectic. She worked with five different families that placed children at risk, although not intentionally. The clinical social worker fell behind in her documentation to address other more serious problems. Samantha receives a phone call from one of the clients stating they have been evicted. The social worker was supposed to connect the family with an agency who could have prevented this and helped them relocate. Which of the following chores is time sensitive?

- A. Risk assessment
- B. Documentation
- C. Service referrals
- D. All of the above

Correct Answer: D

If documentation is not handled correctly, it can become detrimental to the well-being of a client. When urgency arises in regards to a referral, only pertinent information should be delivered. There are many necessary functions of a clinical social worker, but documentation should be time sensitive.

QUESTION 3

During a crisis situation, it is important to prevent extreme mental, physical, behavioral and emotional reactions. A system of interventions begins shortly after the incident by a team of highly skilled professionals. This team normally includes mental health experts, support personnel and clergy. The intervention system includes support groups, stress management and one-on-one programs. What system is being described?

- A. Critical incident stress management



- B. Critical incident post reactive
- C. Positive debriefing
- D. None of the above

Correct Answer: A

Critical incident stress management or CISM, refers to a system that was initially designed for high-risk professional groups such as disaster response units, military and emergency personnel. This team of professionals helps prevent post-traumatic stress disorder and other associated problems. It is recommended that debriefing occur within 24 hours of the crisis by peer support personnel or emergency service workers.

QUESTION 4

Al is described by friends and family as being self-centered. He has problems with anger but never wants to accept the blame. Al's relationships with two different women failed because he was physically abusive. A clinical social worker might potentially assess this client with a number of disorders. What should be the primary concern?

- A. Depression
- B. Externalizers Personality Disorder
- C. Low self-esteem
- D. Violence

Correct Answer: D

Professionally and ethically, clinicians assess clients for harm to self or others. They have a duty, bylaw, to report any abuse to children under the age of 18, and to report the imminent threat of harm by clients towards themselves or toward another person of any age.

QUESTION 5

A 23-year-old client named Amber has isolated herself from others due to feelings of inadequacy. The clinical social worker understands the well-being of the client cannot be secured without the help of others and asks Amber's parents to be involved in the therapy. What value is being compromised?

- A. Competence
- B. Consent
- C. Dignity and worth of the person
- D. Service

Correct Answer: B

Professional ethics require a social worker to obtain a written and signed consent before informing anyone that the client is even in treatment. According to HIPAA (Health Insurance Portability and Accountability Act), all adults have the right to decide who they will share treatment information with and how much and what information they will share.



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