



# LCSW<sup>Q&As</sup>

ASWB Clinical Level Social Work Licensing Exam

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### QUESTION 1

Clinical social workers use assessment as an ongoing process with client participation. The purpose is to understand people in relation to their environment through planning, improving and changing. Professionals learn to develop an understanding of particular social problems, kinds of solutions and possible consequences. Most social workers define assessment in relation to the five stages of framework. Which of the following demonstrates this theory?

- A. Data collection, utilizing the data, environmental behavior, outcome, and consequence
- B. Planning, weighing the data, utilizing the analysis, emotional outcome, and consequence
- C. Preparation, data collection, weighing the data, analyzing the data, and utilizing the analysis
- D. Constructing data analysis, planning, analyzing the data, behavior modification, and empowerment

Correct Answer: C

The five stages of assessment framework include preparation, data collection, weighing the data, analyzing the data, and utilizing the data. The first stage is important for determining what data will be relevant and what the limits are on task. As the data is collected, weighed and analyzed, it comes down to the final stage of judgment by the clinical social worker.

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### QUESTION 2

Boundaries between the outer world and inner self develop in infancy. While still young, individuals will project feelings of denial stemming from what ego function?

- A. Internal conflict
- B. External conflict
- C. Defensive functioning
- D. Collaborative functioning

Correct Answer: C

Identity-threatening feelings are protected by defensive functioning. Most individuals have mature reactions to handling reality, and others may have more sophisticated defenses. This is often observed as children become adults.

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### QUESTION 3

During the 1950's, the system of government in America was based on discrimination. The white population was allowed to vote and be supported by all levels of government. African Americans were not permitted to participate or receive equal accommodations. The belief that one race is superior over another is known as what?

- A. Civil Rights
- B. Racism
- C. Domination



D. Discrimination

Correct Answer: B

Racism is the belief that one race in particular is superior based on their intelligence, physical attributes or culture. The CML Rights Movement accomplished many breakthroughs for the black population. They gained the right to equally participate in social, economic and political environments.

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#### QUESTION 4

One of the most studied topics in psychology has to do with an individual's belief in their capacity to organize and act on prospective situations. People who look forward to challenging tasks with high confidence levels have a strong sense of what?

- A. Self-confidence
- B. Self-efficacy
- C. Ego
- D. Determinants

Correct Answer: B

Bandura describes self-efficacy as the main determinant in how individuals feel, behave, and think. High levels give the belief that difficult situations are not beyond a person's capabilities and they quickly recover from setbacks.

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#### QUESTION 5

Documentation is a necessity in the field of clinical social work. Often it is a reflection of the service quality to clients and acts as a communication source for other professionals. Record keeping often consists of comprehensive assessments and a plan of care. Which of the following should documentation include?

- A. Goals and planning
- B. Referral sources
- C. Receipts and disbursements
- D. All of the above

Correct Answer: D

Clinical social work documentation includes a vast amount of information. It starts with the first assessment and ends with the closure of a client's case. Knowledge found within the record keeping will include: ongoing interventions and treatment planning, collaborations, outcomes, confidentiality rights, and signed releases. It is pertinent to always document dates, times and descriptions of client contact.