



# LCSW<sup>Q&As</sup>

ASWB Clinical Level Social Work Licensing Exam

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### QUESTION 1

Sarah has been assessed as having a bond with her infant of 6 months old. The mother is eager to give her daughter care and a nurturing environment. However, it appears that Sarah does not hold an attachment to the child. What is missing from the relationship?

- A. Constancy
- B. Desire to maintain closeness
- C. Individual replacement
- D. Separation

Correct Answer: B

Attachment means that there is a bond or connection with the person. With the parent-child relationship, it involves a long-term tie to the individual that cannot be replaced by another. When attachment is not established, emotional distress and personality disturbance can occur.

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### QUESTION 2

Susan holds power of attorney over her great aunt's estate. Doctors have diagnosed the elderly woman with Alzheimer's disease and recommended she be taken care of in a nursing home facility. Susan realizes there is no cure and her great aunt will not be coming home. She signs the house over to herself and sells off all personal possessions belonging to the great aunt to purchase a car. This is an example of what?

- A. Guardianship
- B. Elder neglect
- C. Material exploitation
- D. Relatives' rights

Correct Answer: C

Material exploitation is defined as the improper or illegal use of an elderly person's funds, property, or assets. Other examples include forging a person's signature, misusing money, cashing an elderly person's checks, or coercing an elderly person into signing a document.

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### QUESTION 3

Personality theories offer many suggestions for individual behavior. Carl Rogers believed that an individual's nature is generally positive and everyone is born a good person. People have an underlying urge to move towards autonomy. What theory is being described?

- A. Person centered
- B. Gestalt



C. Maslow's Hierarchy of Needs

D. Biopsychosocial

Correct Answer: A

The Person-centered theory incorporates the desire of a person to experience oneself in a consistent view. Self-actualization and self-concept are learned in childhood and noted as being secondary needs.

#### QUESTION 4

Lisa tells a few of her close friends that her brother was recently diagnosed with paranoid schizophrenia. One of the friends tells a co-worker that Lisa's family must be "crazy." Soon the friends start distancing themselves from her and offer no support. Many times families will not mention mental illness due to what?

A. Stigma

B. Placing blame

C. Anxiety

D. Guilt

Correct Answer: A

Many families dealing with a member's mental disability will not discuss the problem with others due to the stigma surrounding this medical condition. Misconceptions and myths abound without proper knowledge. Support from a friend or neighbor is harder to receive than if someone has a physical disability.

#### QUESTION 5

Psychodynamic therapy plays an important role in helping a client identify patterns of interacting, thinking and feeling that may be contributing to problems. Evolving from the teachings of Freud, the theory emerges that emotional problems originate in childhood. The goal of psychodynamic therapy is to change an aspect of the client's personality or identity that was missed during an earlier stage of development. What should be the professional's primary focus?

A. Unconscious thought processes

B. Childhood maltreatment

C. Developmental delays

D. Emotional neglect

Correct Answer: A

Psychodynamic therapy involves the emergence of subconscious thoughts during counseling. The client has the ability to explore unresolved conflicts and issues from their past that have manifested into behaviors. Many professionals utilize this practice to treat social isolation, anger and depression.