



ASWB Clinical Level Social Work Licensing Exam

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QUESTION 1

Many indMduals with this mental condition demonstrate symptoms such as confusion, false beliefs, losing touch with reality, mistaken perceptions, hallucinations and depression. False ideas may occur of what is taking place, and indMduals with the condition may see or hear things or have delusions. Which of the following mental conditions is described above?

- A. Encopresis
- B. Psychosis
- C. Dementia
- D. Mania

Correct Answer: B

Psychosis is a severe mental condition in which there is a loss of contact with reality. Causes for this disorder include alcohol, drugs, brain tumors, dementia, epilepsy, stroke, and bi-polar disorder. IndMduals may also display disorganized thoughts and speech.

QUESTION 2

Abusiveness in families tends to repeat itself in future generations. The cycle reoccurs when the abused indMdual leaves their family for another and becomes the abuser. There are many traits to an abusive personality. Which of the following would not be a characteristic?

- A. Emotional volatility
- B. Low self-esteem
- C. Fear of abandonment
- D. Empowerment
- Correct Answer: D

Empowerment is achieved through assertiveness rather than aggression or manipulation. A person who is abusing someone seeks power through aggressive or manipulative means.

QUESTION 3

Trauma is expressed best by recognizing not just objective facts but also the subjective emotional experiences of an event. It is a situation that leaves you feeling overwhelmed and alone. A stressful event is more likely to be traumatizing if:

- A. It happens unexpectedly
- B. One feels powerless to prevent it
- C. Someone was intentionally cruel



D. Any of the above

Correct Answer: D

A stressful event is more likely to be traumatic if it happens unexpectedly, is unpreventable or if it involves intentional cruelty. Psychological and emotional trauma is the result of extraordinary events that underplay one\\'s sense of security, making them vulnerable and helpless. It can be caused by a one-time occurrence or an ongoing stressor. Commonly overlooked sources of trauma may include sports injuries, surgery, or humiliating experiences.

QUESTION 4

Madeline is a single parent who works for a very controlling boss. He is demeaning and gives her jobs that others refuse. Madeline is afraid to speak up for herself due to needing the money to support her family. When she comes home in the evenings, immediately Madeline begins yelling at her children because the house is a mess. What behavior is the mother displaying?

- A. Mental abuse
- B. Mental abuse
- C. Displacement
- D. Anxiety
- Correct Answer: C

Madeline is redirecting her thoughts and impulses onto the children. The mother knows she cannot honestly express her feelings to the boss without losing her employment. This defense mechanism is an ineffective way to transfer anger.

QUESTION 5

The Madisons are meeting with their clinical social worker, who is helping them with daily functioning. Theyare called into one room and shown a flow chart describing the processes the family unconsciously follows. There are distinguishing hierarchies and alliances within. What type of therapy is the social worker utilizing?

- A. Relational therapy
- B. Dysfunctional therapy
- C. Interactive therapy
- D. Structural family therapy

Correct Answer: D

Structural family therapy places most of the focus on the members\\' interactions. The family is viewed as a system that functions within a larger classification such as culture or community. Rules of interaction are established, and these form the familys structure. Therapy should always focus on the presenting problem and the process of change.

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