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### QUESTION 1

A client enters a treatment with a current diagnosis of torticollis. What area of the body will you expect to find this condition?

- A. Foot
- B. Hip
- C. Spine
- D. Neck

Correct Answer: D

Explanation: Torticollis is an atypical torsion contraction of the neck which distorts the balance and positioning of the head and neck to either one side or the other.

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### QUESTION 2

The structure that connects the liver to the gall bladder is the:

- A. Hepatic portal vein
- B. Hepatic duct
- C. Bile duct
- D. The liver is not connected to the gall bladder

Correct Answer: B

Explanation: The hepatic duct transports bile secreted in the liver into the gall bladder. The gall bladder stores and concentrates bile. The bile duct releases bile from the gall bladder into the small intestine.

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### QUESTION 3

During an assessment, a massage therapist instructs their client to move a part of their body without assistance. This is known as \_\_\_\_\_.

- A. active ROM
- B. active-assisted ROM
- C. passive ROM
- D. resistive ROM

Correct Answer: A

Explanation: When a client performs an unassisted movement of their body, they are displaying an active ROM. This is



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used to determine the client's natural range of motion.

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#### QUESTION 4

Systole refers to the force needed to contract blood out of the heart.

- A. TRUE
- B. FALSE

Correct Answer: A

Explanation: Systole or systolic pressure is the measured amount of force required by the heart to pump or squeeze blood out of its chambers.

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#### QUESTION 5

Choose the best example of transference out of the following:

- A. A client who is angry at the new charges proposed by a massage therapist
- B. A massage therapist who is extra friendly with a client who shares the same hobbies
- C. A massage therapist who receives extra gifts as a form of affection from a client
- D. A massage therapist asks a client to a therapeutic seminar

Correct Answer: C

Explanation: A client that expresses feelings above and beyond the typical role as a client is seen as demonstrating transference. Being overly special can be seen as a red flag, especially in early stages of the therapeutic relationship.

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