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QUESTION 1

Which of the following is not part of the small intestine?

- A. Duodenum
- B. Jejunum
- C. Sigmoid
- D. Ilium

Correct Answer: C

Explanation: The sigmoid colon is part of the large intestine that is closest to the anus.

QUESTION 2

What is the primary reason for keeping all records safe and protected?

- A. To insure you are paid from insurance
- B. To protect against being sued
- C. Client confidentiality
- D. Personal reasons

Correct Answer: C

Explanation: Client confidentiality is an aspect of professional ethics and should be adhered to out of respect for the client. Also, not protecting a client's information is a violation of HIPAA.

QUESTION 3

A client was involved in a recent auto accident and received a grade 4 whiplash injury. Which of the following best describes the client's status?

- A. Neck pain, stiffness and tenderness
- B. Neck pain with signs of neurological damage
- C. Neck pain with dislocation and spinal injury
- D. No neck pain

Correct Answer: C

Explanation: A grade 4 whiplash is a critical condition associated with extreme neck pain, cervical fractures and/or dislocations, possible spinal cord injury and serious soft tissue damage. Massage is contraindicated until the condition is stabilized and a medical release is provided.



QUESTION 4

A shortened right leg is an example of an _____ factor of a postural deviation.

- A. intrinsic
- B. extrinsic
- C. assessment
- D. elemental

Correct Answer: A

Explanation: During a postural assessment evaluation, it is important to note both intrinsic and extrinsic factors for postural deviations. An intrinsic factor would be an internal issue and therefore includes physical abnormalities as a shortened leg. ; An improperly fitted shoe would be an example of an extrinsic factor upon the body.

QUESTION 5

Placing your hands onto a client to assess their condition is known as a _____ assessment.

- A. visual
- B. palpation
- C. subjective
- D. postural

Correct Answer: B

Explanation: Using your hands to assess the condition of a client is a palpation assessment.

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