# MBLEX<sup>Q&As</sup>

Massage & Bodywork Licensing Examination

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#### **QUESTION 1**

QUESTION I
Systole refers to the force needed to contract blood out of the heart.
A. TRUE
B. FALSE
Correct Answer: A
Explanation: Systole or systolic pressure is the measured amount of force required by the heart to pump or squeeze blood out of its chambers.
QUESTION 2
A protrusion of the intestine thru the inguinal canal is referred to as
A. diverticulum
B. exophthalmos
C. hernia
D. bulgaria
Correct Answer: C
Explanation: A hernia occurs when an organ, or the surrounding fascial tissue of the organ, protrudes through the wall or membrane that contains it. Hernias can occur at various points within the body and are often named by their location This question deals with an inguinal hernia. Hernias are classified as either reducible hernias or irreducible hernias. Reducible hernias can be manually reversed by applying direct pressure whereas irreducible hernias need surgery to reverse the condition.
OUESTION 2
Which heart valve is the mitral valve?
A. Tricuspid  B. Bicuspid
C. Pulmonary semilunar
D. Aortic semilunar
Correct Answer: B
Explanation: The mitral valve is also known as the bicuspid, which controls blood flow between the opening of the left atrium into the left ventricle.



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#### **QUESTION 4**

A client can experience phantom pain if they have
A. a psychological disorder
B. diabetes
C. lost a limb
D. a neurological dysfunction
Correct Answer: C
Explanation: Phantom pain is a phenomenon where a person experiences sensations of a limb or body part after it has been amputated. Phantom sensations have also occurred in people with removed organs and after a mastectomy.

#### **QUESTION 5**

A client presents with tendinitis pain that is experienced after an activity but not before or during the activity. What injury classification grade does the client exhibit?

- A. Grade 1
- B. Grade 2
- C. Grade 3
- D. Grade 4

Correct Answer: A

Explanation: The client is displaying a grade 1 injury and should heal quickly with rest and proper care. A grade 2 injury is experienced during and after an activity. A grade 3 injury is mild to moderate pain at all times with mild swelling and partial loss of functional use. A grade 4 injury is moderate to severe pain at all times with loss of functional use by a serious pathological disorder.

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