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QUESTION 1

Which cells are responsible for generating the electrical impulses that control heart rate?

- A. Myocytes
- B. Glial
- C. Epithelial
- D. Merkel

Correct Answer: A

Explanation: There are various forms of myocytes in the body, but it is the cardiac myocytes that are responsible for generating the electrical impulses that control heart rate.

QUESTION 2

A potential client calls to make an appointment for a massage. You notice that they are slurring their words and having difficulty speaking in complete sentences. They claim they were in an auto accident yesterday but declined medical attention. They awoke this morning feeling very sore and achy as well as having a pounding headache. They insist they need a massage. What is the appropriate plan of action for the massage therapist?

- A. Book the appointment immediately
- B. Book them within next week
- C. Refer to another therapist
- D. Immediately refer them to a doctor

Correct Answer: D

Explanation: A person who has been in an auto accident could have any number of injuries including shock. For the safety of the client and your protection as a therapist, the best recommendation is to refer the client for a medical evaluation before any treatment is considered.

QUESTION 3

A client was involved in a recent auto accident and received a grade 4 whiplash injury. Which of the following best describes the client's status?

- A. Neck pain, stiffness and tenderness
- B. Neck pain with signs of neurological damage
- C. Neck pain with dislocation and spinal injury
- D. No neck pain



Correct Answer: C

Explanation: A grade 4 whiplash is a critical condition associated with extreme neck pain, cervical fractures and/or dislocations, possible spinal cord injury and serious soft tissue damage. Massage is contraindicated until the condition is stabilized and a medical release is provided.

QUESTION 4

Which condition would include an issue with the flexor carpi radialis muscle?

- A. medial epicondylitis
- B. thoracic outlet syndrome
- C. lateral epicondylitis
- D. cubital tunnel syndrome

Correct Answer: A

Explanation: The flexor carpi radialis muscle is part of the flexor muscle group of the forearm which inserts into the common flexor tendon. Medial epicondylitis is the condition which includes the flexor muscle group of the forearm. Medial epicondylitis is also called golfers elbow due to the end range of motion during a golf swing that causes the most damage to the flexor muscles.

QUESTION 5

_____ is the knowledge base and practice parameters of the massage profession.

- A. Therapeutic relationship
- B. Scope of practice
- C. Code of ethics
- D. Informed consent

Correct Answer: B

Explanation: The knowledge base refers to education and special training/skills for providing care. The practice parameters refer to conduct and environment. These two combined explain the basic concept of the scope of practice.

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