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QUESTION 1

Which of the following is the only neurotransmitter used by the motor division of the somatic nervous system?

- A. Acetylcholi
- B. Dopamine
- C. Serotonin
- D. Glutamate

Correct Answer: A

Explanation: Acetylcholine is distinguished from other neurotransmitters due to its ability to transmit signals at the neuromuscular junction between the nervous system and the muscular system.

QUESTION 2

The federal and state laws that govern the massage profession are the _____.

- A. professional boundaries
- B. legal boundaries
- C. HIPAA regulations
- D. OSHA regulations

Correct Answer: B

Explanation: Federal and state law form the legal boundaries of the massage profession.

QUESTION 3

Throughout the years, a massage therapist can learn a multitude of disciplines which can be used during treatments. A massage therapist who works with pregnant mothers, athletes and repetitive stress injuries is best described as using _____.

- A. massage fundamentals
- B. integrated approaches
- C. structural integration
- D. applied kinesiology

Correct Answer: B

Explanation: A massage therapist who can use utilize a broad range of skills to treat various unrelated conditions is known to employ integrated approaches.



QUESTION 4

There are moments when a massage therapist needs to disclose personal information about themselves to clients. Which of the following is considered an appropriate disclosure?

- A. Relationship difficulties
- B. Sharing information about a mutual friend
- C. Coming down with a cold
- D. Business concerns and financial woes

Correct Answer: C

Explanation: Coming down with a cold directly affects the client within the therapeutic environment. The other three choices are irrelevant to a client.

QUESTION 5

A client enters a treatment with a current diagnosis of torticollis. What area of the body will you expect to find this condition?

- A. Foot
- B. Hip
- C. Spine
- D. Neck

Correct Answer: D

Explanation: Torticollis is an atypical torsion contraction of the neck which distorts the balance and positioning of the head and neck to either one side or the other.

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