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Multiple-choice questions for general practitioner (GP) Doctor

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QUESTION 1

A 27-year-old, generally healthy woman comes to the office with burning on urination. There are 50 white cells on the urinalysis.

What is the next best step in management?

- A. Treat with TMP/SMX for 3 days
- B. Perform a renal ultrasound
- C. Treat with ciprofloxacin for 7 days
- D. Wait for results of urine culture

Correct Answer: A

When there are clear symptoms of cystitis and white cells in the urine, it is not necessary to obtain a urine culture or to wait for results of either the culture or a sonogram. For uncomplicated cystitis, go straight to treatment for 3 days. Ultrasound is important in male patients, as it is unusual for a male patient to have a urinary tract infection in the absence of an anatomic abnormality.

QUESTION 2

A 41-year-old woman awoke from a nap with severe pain in her index finger and found it to be flexed while all other fingers were extended. When she tried to pull it free she heard a loud popping sound and the pain subsided. The following day she comes to her doctor's office concerned about the sound and pain.

What is the most appropriate next step in the management of this patient?

- A. Steroid injection
- B. Admit to the hospital.
- C. NSAID therapy
- D. Amputate the finger
- E. Rehabilitate the finger

Correct Answer: A

Trigger finger is an acutely flexed and painful finger. Steroid injections have been shown to decrease pain and recurrence of trigger finger. It is the most cost-effective treatment, and studies have shown a trial of steroids should be attempted prior to surgery. Trigger finger is caused by a stenosis of the tendon sheath leading to the finger in question. If steroids fail, surgery to cut the sheath that is restricting the tendon is the definitive treatment.

QUESTION 3

Patient Chronic smoker with 30 cigarettes per day, got hoarseness of voice.



The most likely diagnosis is:

- A. Laryngeal carcinoma
- B. Squamous cell carcinoma
- C. Vocal cord polyps
- D. Reinke's edema

Correct Answer: A

QUESTION 4

7-year-old boy with red color urine. Which initial test is necessary?

- A. culture
- B. microscopy
- C. dipstick

Correct Answer: C

QUESTION 5

Healthy parents have 2 children, a child with Cystic fibrosis and a healthy child. They want to have another are the chances of that child being a carrier?

- A. 1:2
- B. 1:4
- C. 1:8
- D. 1:16
- E. 2:3

Correct Answer: A

As the parents have a child with cystic fibrosis and they are healthy both of them are carrier. autosomal recessive disease where if both parents are carrier mode of inheritance is as follows: Chance of being child 1:4, Chance of being diseased 1:4 and chance of being carrier 1:2.

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