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QUESTION 1

A dog is trained to salivate at the ringing of a bell. What form of conditioning is this?

- A. Classical Conditioning
- B. Operant Conditioning
- C. Reinforcement Conditioning
- D. None of the above

Correct Answer: A

Classical conditioning occurs when two stimuli are repeatedly paired. In this case, the two stimuli were the ringing of the bell and the treat. Operant conditioning occurs when there are rewards and punishments associated with learning.

Reinforcement is a term associated with operant conditioning.

QUESTION 2

Kohlberg's theory of moral development has three progressive levels ending in:

- A. personhood
- B. sexual ambiguity
- C. principled thought
- D. self-realization

Correct Answer: C

In Kohlberg's third level, individuals do come to realize they are separate from their society, but this occurs in the 5th stage. Principled thought comes after moving through the 6th stage, which Kohlberg believed few people actually reached.

QUESTION 3

You are using the ABC model of cognitive therapy. Which model are you trying to promote in your clients after a negative event?

- A. Negative Event leads to irrational belief leads to positive thought
- B. Negative Event leads to rational belief leads to healthy negative thought
- C. Negative Event leads to irrational belief leads to unhealthy negative thought



D. None of the above

Correct Answer: B

Albert Ellis developed the ABC model to help replace unhealthy, irrational beliefs with rational ones following a negative event.

QUESTION 4

If a child is learning to use abstract concepts, which of Piaget's stages is she in?

- A. Preoperational
- B. Sensorimotor
- C. Concrete
- D. Early Adolescence

Correct Answer: D

Typically around the age of 11 or 12, children are moving into the Formal Operational Stage where they are learning to think about abstract concepts. The Concrete Operational Stage is characterized by applying logic.

QUESTION 5

Which is the correct order of Tuckman and Jensen's stages of group development?

- A. performing, forming, storming, norming, adjourning
- B. norming, forming, storming, performing, adjourning
- C. forming, storming, norming, performing, adjourning
- D. forming, norming, storming, performing, adjourning

Correct Answer: C

Tuckman and Jensen described 5 stages of group development. In the forming stage, the group is coming together and rules are being established. Group members are typically polite to each other. During the storming stage, challenges often arise. Group members may butt heads and test boundaries. In the norming stage, group members have developed a sense of unity and worked out their conflicts. They are also supportive of leadership. During the performing stage, the group is making progress toward their goals. Leaders are helping group members advance their skills and competencies. The adjourning stage is sometimes referred to as 'mourning' when a group is high functioning and has developed a strong sense of unity. The inevitable end can seem bittersweet.

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