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QUESTION 1

An advantage of having coleaders for a group is:

- A. If one leader is unable to be there for the meeting, it does not have to be canceled.
- B. The leaders can process their own feelings with each other in between sessions.
- C. The leaders can be more observant of group dynamics.
- D. All of the above

Correct Answer: D

As long as the coleaders get along and adhere to a similar theoretical approach and vision for the group, having coleaders can provide multiple benefits for group members.

QUESTION 2

If a counselor's role changes from a nonforensic evaluative role to a therapeutic role, the client must be informed of the change as a matter of _____.

- A. confidentiality
- B. treatment
- C. informed consent
- D. assessment

Correct Answer: C

Informed consent is a process of getting permission before conducting a healthcare intervention on a person. Informed consent needs to occur before treatment.

QUESTION 3

Which of the following are not included as a concept in deductive reasoning?

- A. Minor premise
- B. Obvious conclusion
- C. Medium premise
- D. Major premise

Correct Answer: C

Aristotle discussed the use of a major premise, a related minor premise and an obvious conclusion as a part of deductive reasoning.



QUESTION 4

Nathan has been working on cutting down on drinking. He tells you he passed a state store and \"found my car pulling itself into the lot.\" He denies giving much conscious thought to it. Nathan is describing the workings of:

- A. The superego
- B. The id
- C. The ego
- D. The conscious mind

Correct Answer: B

According to Freud, the id is present at birth and is part of the unconscious. It is impulsive, not rational, and moves towards pleasure and away from pain. The superego is made up of the conscience and ideal self and incorporates society's values and norms. The ego uses a rational process to solve problems and meet the id's demands while satisfying the superego.

QUESTION 5

Which of the following interventions is not commonly used in Interpersonal Therapy (IPT)?

- A. Discussion of patterns in a client's relationships
- B. A detailed past history of the client
- C. Exploration of the therapist/client relationship
- D. The ABC Model

Correct Answer: D

Interpersonal Therapy is a short term, solution focused treatment mainly for clients who have depression. The ABC Model is a cognitive behavioral therapy technique developed by Albert Ellis to use when clients hold irrational beliefs.

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