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QUESTION 1

A counselor sets her monthly fees for consultation on a job-by-job basis. Which of the following reinforcement schedules is this an example of?

- A. variable ratio
- B. fixed ratio
- C. fixed interval
- D. variable interval

Correct Answer: A

A variable ratio schedule is when a reward occurs after an unpredictable amount of responses and typically provides a high rate of response. The counselor's rate is unpredictable from one job to the next. A fixed ratio schedule occurs when a response is reinforced after a set number of responses. Fixed interval schedules reinforce the response only after a certain amount of time has passed. Variable interval schedules reinforce the response after an unpredictable amount of time has gone by.

QUESTION 2

Carl Jung's Theory of Archetypes is still very influential, and several of them are listed below. Choose the one that is not correct.

- A. The Shadow
- B. The Hero
- C. The Wise Old Woman
- D. The Self-Made Person

Correct Answer: D

The Shadow represents sex and life instincts and consists of repressed ideas and desires. The Hero represents a champion defender. The Wise Old Woman is helpful and a symbol of female nature.

QUESTION 3

What traits originate in the cerebral cortex?

- A. Thought
- B. Language
- C. Reason
- D. All of the above



Correct Answer: D

The cerebral cortex is the most highly developed section of the brain and is responsible for these advanced skills.

QUESTION 4

Jerry hears a fellow group member say, "I am really struggling with this divorce. I can't see my way to the other side sometimes. It seems like I'll never feel better." Jerry just experienced a relationship break-up himself, which spun him into a depression. Though the group member's situation is unfortunate, Jerry feels a little better hearing about it. Jerry is experiencing which curative factor of group therapy?

- A. Imitative behavior
- B. Imparting information
- C. Instillation of hope
- D. Universality

Correct Answer: D

Jerry is experiencing universality, when a member feels relief that they are not alone and that others share similar problems. He is not adapting another member's coping strategy, so it is not imitative behavior. Instillation of hope creates a feeling of optimism, which is not mentioned.

QUESTION 5

Members of a counseling group that score high in authoritarianism also tend to score high in independence.

- A. True
- B. False

Correct Answer: B

Authoritarianism values strict obedience to authority, even if personal freedom is sacrificed, which is contrary to independence.

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