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QUESTION 1

You have just launched a successful therapy group, and want to promote it to engage new clients so they, too, can benefit. You have asked your current therapy clients to offer an anonymous testimonial, telling others how useful it has been.

From an ethical standpoint, this is _____.

- A. prohibited under any circumstances
- B. allowed since it is a successful group that would benefit future clients that may join
- C. allowed, only if they sign a voluntary testimonial release
- D. prohibited unless they sign a voluntary testimonial release, use a pseudo-name and do not provide a photo

Correct Answer: A

The ACA Code of Ethics outlines that testimonials from clients, former clients or any other person vulnerable to undue influence is prohibited.

QUESTION 2

This publication provides key information about a job, including training needed, salary, job outlook, etc.

- A. NBCC
- B. ACA
- C. ASCA
- D. OOH

Correct Answer: D

The Occupational Outlook Handbook (OOH) is published by the U.S. Department of Labor and contains statistics and information for hundreds of different jobs. NBCC stands for the National Board for Certified Counselors; ACA is the American Counseling Association; ASCA is the American School Counselor Association.

QUESTION 3

Of the following, which is NOT a curative factor of group, as outlined by Yalom?

- A. Universality
- B. Instillation of hope
- C. Intrapersonal learning



D. Group cohesiveness

Correct Answer: C

Interpersonal learning, not intrapersonal learning, is a curative factor. Interpersonal learning occurs when a person tries out new behaviors in group. Group is seen as a microcosm of the real world.

QUESTION 4

If a child is learning to use abstract concepts, which of Piaget's stages is she in?

- A. Preoperational
- B. Sensorimotor
- C. Concrete
- D. Early Adolescence

Correct Answer: D

Typically around the age of 11 or 12, children are moving into the Formal Operational Stage where they are learning to think about abstract concepts. The Concrete Operational Stage is characterized by applying logic.

QUESTION 5

Who has most extensively researched and described the concept of career maturity?

- A. Ginzberg
- B. Crites
- C. Hoyt
- D. Super

Correct Answer: B

While Super first described the concept of career maturity, it was Crites who researched and created the Career Maturity Inventory. Ginzberg believed the development of the following four factors led to career choice: the reality factor, the influence of the educational process, the emotional factor, and individual values. Hoyt viewed career education as a composite of activities and experiences designed to prepare and engage individuals in paid or unpaid work during their lives. Super believed the following stages explained career development:

1.

The crystallization stage, ages 14-18

2.

Specification stage, ages 18-21

3.



Implementation stage, ages 21-24

4.

The stabilization stage, ages 24-35

5.

Consolidation, age 35

6.

Readiness for retirement, age 55.

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