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QUESTION 1

Holland's trait-factor theory matched which of the following together?

- A. Gender traits with personality traits
- B. Professional traits with earning power
- C. Personality traits with job requirements
- D. Personality traits with intelligence level

Correct Answer: C

Holland matched individual traits with environment traits.

QUESTION 2

Which of the following is not a factor in the sleep patterns of adolescents?

- A. Biorhythm changes
- B. Defiance
- C. Increased need for sleep
- D. Increased academic and social demands

Correct Answer: B

Teens require more sleep than the average adult due to their rapid growth. A teen's decreased sleep patterns do not generally stem from defiant behavior. Teens have biorhythm changes, making them more likely to stay up late and sleep later. They are inundated with academic and social demands which may impair the amount or quality of their sleep.

QUESTION 3

The fact that a group decision will be less conservative than a decision made by an individual can be explained by which of the following concepts?

- A. Bystander apathy
- B. Risky shift phenomenon
- C. Skepticism
- D. Conditioning

Correct Answer: B

Risky shift phenomenon is part of social psychology and a form of group polarization. This is related to deindividuation which occurs when a person in a group loses some of their self-identity leading to a loss of restraint and self-awareness.



Bystander apathy is another term from social psychology and occurs when individuals assume that, since there are other people around, someone else has already taken action to help.

QUESTION 4

If a counselor's role changes from a nonforensic evaluative role to a therapeutic role, the client must be informed of the change as a matter of _____.

- A. confidentiality
- B. treatment
- C. informed consent
- D. assessment

Correct Answer: C

Informed consent is a process of getting permission before conducting a healthcare intervention on a person. Informed consent needs to occur before treatment.

QUESTION 5

John and Carol took the same test. John got a score of 87 and Carol got a score of 73. To determine if the differences in scores is the result of chance, a counselor would need to know which of the following characteristics of the test?

- A. Standard error of the mean
- B. Standard deviation
- C. Mean
- D. Standard error of measurement

Correct Answer: D

Standard error of measurement estimates where an individual's scores would fall if given the same assessment over a period of time. Standard error of the mean is the variability of the sample means while standard deviation is a measure telling the amount of variation of a set of data points.