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QUESTION 1

What will the standard error of measurement tell you about a test?

- A. If the test is valid.
- B. If two sets of results are due to chance.
- C. If the test has a normal curve.
- D. If the test is norm-referenced.

Correct Answer: B

Standard error of measurement estimates how an individual's scores would fall if given the same assessment over a period of time. Validity is one of the most important criteria for determining the quality of a test and refers to if the test is measuring what it claims to measure.

QUESTION 2

Most ethical dilemmas are related to:

- A. family members
- B. confidentiality
- C. money
- D. mental illness

Correct Answer: B

An ethical dilemma occurs when a counselor feels pulled in two different directions. In surveys of practitioners, confidentiality is one of the top dilemmas reported.

QUESTION 3

Which is the correct order of Tuckman and Jensen's stages of group development?

- A. performing, forming, storming, norming, adjourning
- B. norming, forming, storming, performing, adjourning
- C. forming, storming, norming, performing, adjourning
- D. forming, norming, storming, performing, adjourning

Correct Answer: C

Tuckman and Jensen described 5 stages of group development. In the forming stage, the group is coming together and rules are being established. Group members are typically polite to each other. During the storming stage, challenges



often arise. Groups members may butt heads and test boundaries. In the norming stage, group members have developed a sense of unity and worked out their conflicts. They are also supportive of leadership. During the performing stage, the group is making progress toward their goals. Leaders are helping group members advance their skills and competencies. The adjourning stage is sometimes referred to as 'mourning' when a group is high functioning and has developed a strong sense of unity. The inevitable end can seem bittersweet.

QUESTION 4

Kohlberg's theory of moral development has three progressive levels ending in:

- A. personhood
- B. sexual ambiguity
- C. principled thought
- D. self-realization

Correct Answer: C

In Kohlberg's third level, individuals do come to realize they are separate from their society, but this occurs in the 5th stage. Principled thought comes after moving through the 6th stage, which Kohlberg believed few people actually reached.

QUESTION 5

Which of the following interventions is not commonly used in Interpersonal Therapy (IPT)?

- A. Discussion of patterns in a client's relationships
- B. A detailed past history of the client
- C. Exploration of the therapist/client relationship
- D. The ABC Model

Correct Answer: D

Interpersonal Therapy is a short term, solution focused treatment mainly for clients who have depression. The ABC Model is a cognitive behavioral therapy technique developed by Albert Ellis to use when clients hold irrational beliefs.

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