



# NCLEX-PN<sup>Q&As</sup>

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### QUESTION 1

Jane Love, a 35-year old gravida III para II at 23 weeks gestation, is seen in the Emergency Department with painless, bright red vaginal bleeding. Jane reports that she has been feeling tired and has noticed ankle swelling in the evening.

Laboratory tests reveal a hemoglobin level of 11.5 g/dL.

After evaluating the situation, the nurse determines that Jane is at risk for placenta previa, based on which of the following data?

- A. anemia
- B. edema
- C. painless vaginal bleeding
- D. fatigue

Correct Answer: C

Placenta previa is a disorder where the placenta implants in the lower uterine segment, causing painless bleeding in the third trimester of pregnancy. The bleeding results from tearing of the placental villi from the uterine wall as the lower uterine segment contracts and dilates. It can be slight or profuse and can include bright red, painless bleeding. The abdomen might be soft, nontender, and relax between contractions.

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### QUESTION 2

The nurse notices that a family is waiting at the nursing station desk for its loved one to be brought to the unit for admission during a change-of-shift report.

The nurse should \_\_\_\_\_.

- A. request that the family wait for its loved one in the client's room and wait to resume the report until the family has left the desk area
- B. request that a nursing assistant bring coffee for the family while it waits at the desk and continue with the report
- C. request that the family have a seat in the station rather than stand while awaiting its loved one
- D. request that the family wait for its loved one in the Emergency Department waiting room

Correct Answer: A

To protect the privacy of clients and the confidentiality of the information shared in a change-of-shift report, the family should be asked to wait in the client's room, and the report should be resumed only after it can no longer hear what is said.

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### QUESTION 3

Which type of practice is most similar to research based practice?

- A. Best practices
- B. Evidence based practice
- C. Benchmark practices
- D. Standard based practice

Correct Answer: B

Evidence-based practice is an approach to patient care that encourages nurses to use the best available evidence, or research, in combination with the individual patient's circumstances and preferences in clinical practice.

Simply stated, evidence based practice is research based practice.

Best practices may or may not be based on sound research; benchmarks are similar to best practices and these benchmarks are used so that nurses can compare their outcomes of care to those of others.

Standards of care are guidelines for practice; standards of care and standards of practice are published by the American Nurses Association as well as other professional organizations and associations.

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### QUESTION 4

A nurse has been assigned a patient who has recently been diagnosed with Guillain-Barre Syndrome.

Which of the following statements is the most applicable when discussing the impairments with Guillain-Barre Syndrome with the patient?

- A. Guillain-Barre Syndrome gets better after 5 years in almost all cases.
- B. Guillain-Barre Syndrome causes limited sensation in the abdominal region.
- C. Guillain-Barre Syndrome causes muscle weakness in the legs.
- D. Guillain-Barre Syndrome does not effect breathing in severe cases.

Correct Answer: C

Muscle weakness in the lower extremities is found in acute cases of Guillain-Barre Syndrome.

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### QUESTION 5

Babies should double their birth weight by the \_\_\_\_\_.



- A. 5th to 6th month
- B. 3rd to 4th month
- C. 4th to 5th month
- D. 5th to 7th month

Correct Answer: C

Most babies should have doubled their birth weight by 6 months, but many may have doubled their birth weight by 5 months of age.

Newborns gain about five to seven ounces per week for the first 3 to 4 months of life.

By their first birthday, many babies have tripled their birth weight.

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