



# NCLEX-PN<sup>Q&As</sup>

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### QUESTION 1

A nurse is working in a pediatric clinic and a mother brings in her 13-month-old child who has Down Syndrome. The mother reports, "My child's muscles feel weak and he isn't moving well. My RN friend check his reflexes and she said they are diminished."

Which of the following actions should the nurse take first?

- A. Contact the physician immediately
- B. Have the patient go to X-ray for a c-spine work-up.
- C. Start an IV on the patient
- D. Position the child's neck in a neutral position

Correct Answer: D

An atlanto-axial dislocation may have occurred.

Position the child in a neutral c-spine posture and then contact the doctor immediately.

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### QUESTION 2

A day care center has asked the nurse to provide education for parents regarding safety in the home.

What type of preventive care does this represent?

- A. primary
- B. secondary
- C. tertiary
- D. health promotion

Correct Answer: A

Primary prevention involves activities that are utilized to promote wellness or prevent illness or injury.

There are many dangers in the home for small children. Providing education regarding the need for safety measures to prevent injury in the home is considered primary prevention.

Secondary prevention involves early detection of a disease or illness and quick intervention to aid the client in maintenance of the disease or injury. Tertiary prevention involves the reduction of a disability and the promotion of the highest level of functioning for a client in relation to his or her disease or injury.

Health promotion is any activity that increases a client's health and wellness.

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### QUESTION 3

Which of the following coping mechanisms protects an individual from anxiety?

- A. denial and fantasy
- B. rationalization and suppression
- C. regression and displacement
- D. reaction formation and projection

Correct Answer: A

Denial, rationalization, regression, and fantasy are coping mechanisms that protect persons from anxiety.

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### QUESTION 4

The sexually transmitted disease, sometimes referred to as the silent STD, that is more common than gonorrhea and a leading cause of PID is \_\_\_\_\_.

- A. genital herpes
- B. trichomoniasis
- C. syphilis
- D. chlamydia

Correct Answer: D

Chlamydia is a sexually transmitted genital infection and is manifested in males primarily as urethritis and in females as mucopurulent cervicitis. Clinical manifestations of urethritis are often difficult to distinguish from gonorrhea and include mucopurulent discharges of scant or moderate quantity, urethral itching, and burning on urination. Possible complications or sequelae of male urethral infections include epididymitis, infertility, and Reiter syndrome. In homosexual men, receptive anorectal intercourse might result in chlamydial proctitis. In women, the clinical manifestations might be similar to those of gonorrhea and frequently present as a mucopurulent endocervical discharge, with edema, erythema, and easily induced endocervical bleeding caused by inflammation of the endocervical columnar epithelium. However, up to 70% of sexually active women with chlamydial infections are asymptomatic. Complications and sequelae include salpingitis with subsequent risk of infertility, ectopic pregnancy, or chronic pelvic pain. Asymptomatic chronic infections of the endometrium and fallopian tubes might lead to the same outcome.

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### QUESTION 5

Which of the following statements is correct regarding rape?

- A. Most rapes are reported.
- B. Legally, a woman can be raped by her spouse.
- C. Prosecution and conviction for rape is easy.
- D. The most common location of rape is the victim's own home.



Correct Answer: B

The definition of rape is sexual intercourse against someone's will.

It is a degrading, brutal crime of violence and can occur between any two persons regardless of their marital status.

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