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QUESTION 1

A night shift nurse has a patient who is confused and withdrawing from alcohol. He is currently in 4 point restraints after attempting to attack one of the nurses.

What is the most appropriate action for the nurse to take during his shift?

- A. Release the leg restraints to give the patient a break and see if combative behavior has gotten better.
- B. Have the attending physician discontinue the restraints to give the patient a chance to behave more appropriately.
- C. Assess the patient's skin integrity around the restraints hourly.
- D. Ensure the physician has renewed the order for restraints, as this should be done every 12 hours.

Correct Answer: C

QUESTION 2

The best definition of communication is _____.

- A. the sending and receiving of messages
- B. the effect of sending verbal messages
- C. an ongoing, interactive form of transmitting transactions
- D. the use of message variables to send information

Correct Answer: C

Communication is a personal, interactive system ?a series of ever-changing, ongoing transactions in the environment. Transmissions are simultaneously received (decoded), sent (encoded), and influenced by the total of experiences and perceptions of the receivers and senders.

Through communication and interaction with others, an individual develops a sense of identity and being.

Communication is the basis of a person's self-concept and the relationship of this self to another individual, to a group of people, and to the world.

QUESTION 3

Most water leaves the body by way of the _____.

- A. lungs
- B. intestines



- C. skin
- D. kidneys

Correct Answer: D

The kidneys, via urine, excrete approximately 60% of all water.

Water, in lesser volumes, also leaves the body by way of lung expiration, skin perspiration, and through the intestines.

QUESTION 4

A patient in the recovery room has recently had a vaginal hysterectomy.

What is this patient at an additional increased risk for?

- A. deep vein thrombosis
- B. axillary nerve injury
- C. paralytic ileus
- D. bleeding

Correct Answer: A

QUESTION 5

Which of the following patients would be least likely to develop hypernatremia?

- A. a patient with chronic renal insufficiency
- B. a patient with diabetes insipidus
- C. a patient with extensive thermal burns
- D. a patient taking anabolic steroids

Correct Answer: A

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