



National Council Licensure Examination(NCLEX-RN)

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### **QUESTION 1**

Other drugs may be ordered to manage a client\\'s ulcerative colitis. Which of the following medications, if ordered, would the nurse question?

- A. Methylprednisolone sodium succinate (Solu-Medrol)
- B. Loperamide (Imodium)
- C. Psyllium
- D. 6-Mercaptopurine
- Correct Answer: D

(A) Methylprednisolone sodium succinate is used for its anti-inflammatory effects. (B) Loperamide would be used to control diarrhea. (C) Psyllium may improve consistency of stools by providing bulk. (D) An immunosuppressant such as 6mercaptopurine is used for chronic unrelenting Crohn\\'s disease.

#### **QUESTION 2**

A seventh grader lost consciousness after being hit in the head with a basketball. In the emergency room his vital signs are stable, and he demonstrates no neurologic deficit. He will not be admitted to the hospital. It is most important that you advise his mother to:

- A. Encourage him to drink plenty of fluids
- B. Expect him to have nausea with vomiting
- C. Keep him awake for the next 12 hours
- D. Wake him up every 1? hours during the night

Correct Answer: D

(A) Fluid intake should be normal. Fluid intake may be restricted when there is a risk for increased ICP in a hospitalized client. (B) Nausea is possible, but vomiting without nausea is more likely with increased ICP. Neither one should be expected, but the mother should know to notify the physician or hospital if they occur. (C) The child does not need to be kept awake. It is important that he can be aroused from sleep. (D) If the child cannot be awakened from sleep after head injury, it is an indication of serious increase in ICP. The mother should call an ambulance right away.

#### **QUESTION 3**

Medication is administered to a client who has been placed in restraints after a sudden violent episode, and his EPSs subside. Restraints can be removed when:

- A. The physician orders it
- B. A therapeutic alliance has been established, and violent behavior subsides
- C. The violent behavior subsides, and the client agrees to behave



#### D. The nurse deems that removal of restraints is necessary

Correct Answer: B

(A) The physicianmayorder release of restraints, but prior to that, the client must meet criteria for release. (B) While the client is still restrained, but after violent behavior has subsided, a therapeutic bridge is built. This alliance encourages dialogue between nurse and client, allowing the client to determine causative factors, feelings prior to loss of control, and adaptive alternatives to violence. (C) If the client only "agrees to behave" after violent behavior subsides, he has developed no insight into cause and effect of violence or his response to stress. (D)Removal of restraints occurs only when the client meets the criteria for release, not just because the nurse says it is necessary.

#### **QUESTION 4**

The day following his admission, the nurse sits down by a male client on the sofa in the dayroom. He was admitted for depression and thoughts of suicide. He looks at the nurse and says, "My life is so bad no one can do anything to help me." The most helpful initial response by the nurse would be:

A. "It concerns me that you feel so badly when you have so many positive things in your life."

B. "It will take a few weeks for you to feel better, so you need to be patient."

C. "You are telling me that you are feeling hopeless at this point?"

D. "Let\\'s play cards with some of the other clients to get your mind off your problems for now."

Correct Answer: C

(A) This response does not acknowledge the client\\'s feelings and may increase his feelings of guilt. (B) This response denotes false reassurance. (C) This response acknowledges the client\\'s feelings and invites a response. (D) This response changes the subject and does not allow the client to talk about his feelings.

## **QUESTION 5**

A 30-year-old client in the third trimester of her pregnancy asks the nurse for advice about upper respiratory discomforts. She complains of nasal stuffiness and epistaxis, most noticeable on the left side. Which reply by the nurse is correct?

A. "It sounds as though you are coming down with a bad cold. I\\'ll ask the doctor to prescribe a decongestant for relief of symptoms."

B. "A good vaporizer will help; avoid the cool air kind. Also, try saline nose drops, and spend less time on your left side."

C. "These discomforts are all a result of increased blood supply; one of the pregnancy hormones, estrogen, causes them."

D. "This is most unusual. I\\'m sure your obstetrician will want you to see an ENT (ear, nose, throat) specialist."

Correct Answer: C

(A) Decongestants may exaggerate the nasal stuffiness associated with pregnancy. Judicious use of decongestants and nasal sprays is advocated during pregnancy. (B) Cool air vaporizers and saline drops may help to relieve the nasal stuffiness. Positioning on either lateral side does not decrease nasal stuffiness or prevent epistaxis. (C) Increased



estrogen levels result in nasal mucosa edema with subsequent nasal stuffiness. Estrogen also promotes vasodilation, which contributes to epistaxis. The nurse may recommend cool air vaporizers and saline drops to help with the nasal stuffiness. (D) Increased estrogen levels result in nasal mucosa edema with subsequent nasal stuffiness. Estrogen also promotes vasodilation discomforts associated with pregnancy.

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