



# NREMT<sup>Q&As</sup>

National Registry Emergency Medical Technician

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### QUESTION 1

You have called an air medical service to come pick up your accident victim from your scene. The helicopter contacts you when they are 5 minutes out they ask for landing zone (LZ) information which of the following should be included in this safety brief?

- A. Over head obstructions
- B. Type of surface, road way, gravel or field
- C. High tension power lines a quarter of a mile from the LZ
- D. All of the above

Correct Answer: D

Any obstructions which would interfere with the approach and departure of the aircraft is very important. Power lines are especially critical as they are impossible to see from the air so the air medical crew will rely on the personnel on the ground to point that information out. Type of surface is important to anticipate dust, grass or other debris which will become airborne during landing. High tension power lines which are in the area are equally important as they may be in the approach or departure pattern.

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### QUESTION 2

You are assessing a 32-year-old male complaining of abdominal pain and weakness. The patient informs you that he has Addison's disease as a result of steroid use as a teenager. No life-threatening conditions are noted to the airway, breathing, or circulation. Vital signs are pulse 110 beats per minute, respirations 16 per minute, blood pressure 110/72 mmHg, and SpO2 98% on room air. Given the patient's past medical history, you would:

- A. Administer Activated Charcol.
- B. Administer Oral Glucose.
- C. Contact ALS.
- D. Check the blood glucose level.

Correct Answer: D

Always check the blood glucose level of any patient with adrenal insufficiency.

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### QUESTION 3

The correct flow of blood through the heart and lungs is...?

- A. Inferior/superior vena cavae, right atrium, right ventricle, lungs, left atrium, left ventricle, aorta
- B. Aorta, left atrium, left ventricle, lungs, right atrium, right ventricle, Inferior/superior vena cavae
- C. Inferior/superior vena cavae, right atrium, right ventricle, aorta, lungs, left atrium, left ventricle



D. Right atrium, right ventricle, Inferior/superior vena cavae, lungs, aorta, left ventricle, left atrium

Correct Answer: A

Blood enters the heart through the Inferior/superior vena cavae, to the right atrium, then the right ventricle. It then goes to the lungs through the pulmonary vein, returning through the left atrium, then the left ventricle, leaving through the aorta.

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#### QUESTION 4

Your patient has indicated fear about his illness, stating that he is afraid that he may die. This has made the interview difficult, as you have been unable to get the patient to give you many details regarding his symptoms or the events preceding them. Which of the following techniques is an acceptable method to focus the interview and get the needed information?

- A. Repeat back to the patient whatever relevant information you have obtained, and then ask him for further information.
- B. Reassure the patient by telling him everything will be fine.
- C. Sternly tell the patient that he must focus and tell you what you need to know.
- D. Decrease the physical distance between you and the patient, and relay to him that he may get worse if you can't obtain the needed information.

Correct Answer: A

Repeating your understanding of the situation back to the patient is useful in helping them realize what relevant information they have not yet revealed. It is typically not advisable to take an authoritarian role with a patient, as this may add to their emotional distress and worsen their communication ability. It is also not a good idea to give patients false assurances, such as telling them that they will be fine. Decreasing the physical distance can be intimidating to the patient, as can telling them that they may worsen if you can't get the necessary information. Both of these techniques will increase patient apprehension and will likely have a negative impact on communication.

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#### QUESTION 5

The left atrium:

- A. Receives blood from the veins of the body.
- B. Receives blood from the pulmonary veins.
- C. Pumps blood to the lungs.
- D. Pumps blood to the body.

Correct Answer: B

Pulmonary veins return oxygen-rich blood from the lungs to the left atrium, where it is sent to the left ventricle and pumped to the rest of the body.

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