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QUESTION 1

Food poisoning may be difficult in the field to diagnose due to its broad range of symptoms and time it takes to make the patient ill. All of the following are types of food borne illness except?

- A. Salmonella
- B. Champylobacter
- C. Encephalitis
- D. Escherichia coli (E. coli)

Correct Answer: C

Encephalitis is an infection of the brain usually viral in nature. All of the others are indeed food borne illnesses.

QUESTION 2

The tongue often is a source of airway obstruction, it falls back and occludes the _____?

- A. Larynx
- B. Trachea
- C. Nasopharynx
- D. Pharynx

Correct Answer: D

The pharynx or throat is often occluded by the tongue falling back and obstructing air flow. When air enters the nostrils it passes through the nasopharnx then the oropharnx the pharynx before it enters the trachea. Jaw thrust or chin lift will pull the tongue off the back of the pharynx to open the airway allowing air flow to the lungs. The trachea is too distal for the tongue to occlude the trachea

QUESTION 3

Which of the following is the most effective method for administering ventilations to an apneic patient by health care providers?

- A. Two person bag-valve-mask.
- B. FROPVD
- C. One person bag-valve-mask.
- D. Mouth-to-mouth.

Correct Answer: A



The two person bag-valve-mask is the most effective method to administer ventilations with a BVM; however, it is not always practical for field application due to limited resources and limited space. The use of mouth to mask ventilations is also identified as a viable form of artificial ventilations, but the risk of cross contamination in mouth to mouth ventilations renders it less desirable to health care providers.

QUESTION 4

In order to assist intubation, a paramedic may utilize Sellick's maneuver. What cartilage are you compressing?

- A. Cricoid cartilage
- B. Aryepiglottic cartilage
- C. Thyroid cartilage
- D. Hyoid cartilage

Correct Answer: A

While all of these structures are in the same general area, the paramedic specifically utilizes the Cricoid cartilage. This is particularly important since this is the only "full ring" cartilage

QUESTION 5

To be effective, hand washing should continue for at least

- A. 1? minutes.
- B. 45?0 seconds.
- C. 25?0 seconds.
- D. 10?5 seconds.

Correct Answer: D

Rub your hands together vigorously with soap for at least 10 to 15 seconds, then rinse in running water.

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